

**Vivekananda College, Alipurduar**  
B.A Programme 4<sup>th</sup> Semester Internal Assessment 2020  
**Course code: DSC-PE-4**

- What are the Golden rules of first aid? Write down the first aid management of Fracture. Marks: 10
- OR
- Write down the Basic Principles of Thermo-therapy. Marks: 10

The students of 4<sup>th</sup> semester (General) are directed to submit their Assignment topic within 8<sup>th</sup> Dec. 2020 in PDF format and mail it in the Departmental Email id: [physicaleducationvc@gmail.com](mailto:physicaleducationvc@gmail.com)

**Vivekananda College, Alipurduar**  
B.A Programme 2<sup>nd</sup> Semester Internal Assessment 2020  
**Course code: DSC-PE-2**

- Historical Background of the Kabaddi. Measurement and all the dimension of Kabaddi Court. Detail explanation of the skill and technique. Marks: 10

OR

- Historical Background of the Badminton. Measurement and all the dimension of Badminton Court. Detail explanation of the skill and technique. Marks: 10

The students of 2<sup>nd</sup> semester (General) are directed to submit their Assignment topic within 8<sup>th</sup> Dec. 2020 in PDF format and mail it in the Departmental Email id: [physicaleducationvc@gmail.com](mailto:physicaleducationvc@gmail.com)

**Vivekananda College, Alipurduar**  
B.A Programme 4<sup>th</sup> Semester Internal Assessment 2020  
**Course code: SEC-PE-2**

- Introduction and Historical Background of Track and Field. 400mts Standard Track with suitable Diagram and picture. Marks: 10

OR

- Detail explanation of Throwing events. Draw the diagram of a Shot put Sector with measurements. Marks: 10

The students of 4<sup>th</sup> semester (General) are directed to submit their Assignment topic within 8<sup>th</sup> Dec. 2020 in PDF format and mail it in the Departmental Email id: [physicaleducationvc@gmail.com](mailto:physicaleducationvc@gmail.com)